



News Release

“Big Smile” burger makes it on local restaurant menu

For immediate release – May 10, 2021

Red Deer, AB Throughout the month of May, purchase a “Big Smile” burger from Cilantro and Chive and \$2 will be donated to the Smiles Thru Lindsey Foundation as part of École Secondaire Notre Dame High School’s grad service project. This year's goal is to raise \$40,000.

Lily Forsyth and Allyne Simonot, Grade 12 students at École Secondaire Notre Dame High School, worked in collaboration with the chef at Cilantro and Chive to design the “Big Smile” burger. The burger was designed featuring some of Lindsey’s favourite ingredients and is a great way to raise money for an amazing cause. The “Big Smile” features marinated chicken breast, bacon, a sunny fried egg, arugula, tomato, balsamic glaze and a lime avocado aioli on a brioche bun and is served with hand-cut fries.

“The Class of 2021 agreed that in light of COVID-19 mental health should be a priority now more than ever. Lindsey More was, like us, a Notre Dame graduate. After she tragically took her life in 2015, her family began Smiles Thru Lindsey. She was a regular happy girl, nothing seemingly wrong. She was involved in the school community through sports and the grad service project of 2011. We knew that our school community would connect to her and her story as easily as it has,” said Allyne Simonot, student at École Secondaire Notre Dame High School.

“This cause is actually very personal for me, it is another way for me to support my friends who are struggling, a way to communicate to every person who is willing to listen that they are not alone. That everyone is feeling or has felt a toll on their mental health and that there are resources and people out there to help,” said Lily Forsyth, student at École Secondaire Notre Dame High School.

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“In a year of such uncertainty, I am so proud of how our students have found such unique ways to fundraise and create awareness for mental health. Through their dedication and creativity, they have been able to partner with some amazing local businesses allowing the entire community the opportunity to be part of our quest to end the stigma surrounding mental health,” said Principal, Rose McQuay at École Secondaire Notre Dame High School.

“We get to meet the wonderful people who work tirelessly behind the scenes in deserving organizations while enjoying delicious burgers created and inspired by amazing people in our community. In just over four years we have been able to give back over \$80,000 to local charities and organizations in our own backyard. Thank you to École Secondaire Notre Dame High School for being a part of our Burger of the Month and having some fun with us, while raising awareness for Smiles Thru Lindsey,” said Rieley Kay, owner of Cilantro and Chive restaurant.

Red Deer Catholic Regional Schools serves over 10,360 students in 20 schools in Red Deer, Blackfalds, Sylvan Lake, Rocky Mountain House, Innisfail, and Olds, as well as an at-home learning program. It also supports the learning of over 1095 students in a Traditional Home Education Program. The Division is committed to serving children and parents with a complete offering of learning opportunities delivered within the context of Catholic teachings and within the means of the Division.

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