



News Release

Sylvan Lake Stuff A Bus returns December 7 to continue ongoing mission of giving back to those in need

For immediate release – November 27, 2024

The spirit of giving is alive and well in Sylvan Lake as the annual Stuff a Bus program returns on Saturday, December 7, celebrating over 20 years of service to the community. Founded by Red Deer Catholic Regional Schools Bus Driver Wayne Stade, the program has become a cherished tradition, supporting the Sylvan Lake Food Bank during the holiday season.

School buses will be stationed at three convenient locations from 10:00 a.m. to 4:00 p.m. to collect donations:

- Walmart (3420 47 Avenue)
- Sobeys (3715 47 Avenue, #900)
- No Frills (70 Hewlett Park Landing)

Organizers are encouraging donations of non-perishable food items, with a special need for pasta, potatoes, and other pantry staples. This annual event is a fantastic opportunity for the Sylvan Lake community to come together and support those in need.

Wayne Stade, founder of the program, said his inspiration was simple.

“I got involved because I saw a need in my community and wanted to help. Over the years, Stuff A Bus has become more than just a food drive—it’s an incredible way to meet new people and spread joy. The community’s generosity is always so heartwarming,” Stade explained.

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This year, the program is still seeking volunteers to assist during the afternoon shift, from 1:00 p.m. to 4:00 p.m. Individuals or groups interested in helping out can contact Wayne directly at (403) 318-9866.

“There’s something truly special about seeing the buses fill up with donations. It’s a reminder of how much we can accomplish together,” added Stade. “Whether you’re donating a can of soup or volunteering your time, every contribution makes a difference.”

Join us on December 7 to make this year’s Stuff a Bus the most successful yet! Let’s work together to bring hope and comfort to families in need this holiday season.

Red Deer Catholic Regional Schools serves over 9,600 students in 21 schools in Red Deer, Blackfalds, Sylvan Lake, Rocky Mountain House, Innisfail, and Olds. It also supports the learning of over 950 students in a Home Education Program. The Division is committed to serving children and parents with a complete offering of learning opportunities delivered within the context of Catholic teachings and within the means of the Division.

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