



News Release

École Secondaire Notre Dame High School set to host 2nd Annual ND Unified Cougar Classic

For immediate release – April 1, 2025

École Secondaire Notre Dame High School is thrilled to announce the 2nd Annual ND Unified Cougar Classic, building on the tremendous success of last year's inaugural event. This year's celebration of inclusivity and sportsmanship will take place on Thursday, April 3, from 10:00 am to 2:00 pm.

The ND Unified Cougar Classic continues to champion the mission of fostering a supportive and inclusive environment where students with and without intellectual disabilities come together to train and compete as one team. This event embodies the core principles of Unified Sports, promoting camaraderie, respect, and the joy of athletic participation for all.

Unified Sports teams, composed of athletes (students with intellectual disabilities) and partners (students without intellectual disabilities), will once again demonstrate the power of teamwork and mutual support. Each team is carefully balanced to ensure every participant has the opportunity to contribute their unique skills and experience the thrill of competition.

This year, the Notre Dame Cougars will host 5 Central Alberta high schools with 136 participants. Teams will participate in two sports, 3-on-3 basketball and bean bag toss. Our dedicated coaches are committed to upholding the values of Unified Sports, ensuring a safe, exciting, and fun experience for all athletes.

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The ND Unified Cougar Classic is more than just a sporting event; it's a celebration of the strength and unity that sports can inspire. We invite the community to join us in cheering on these extraordinary athletes as they showcase the true spirit of inclusion and sportsmanship.

"We are incredibly excited to host the 2nd Annual ND Unified Cougar Classic," said Alison Snow, Unified Coach. "Last year's event was a huge success, and we are eager to build on that momentum, further strengthening our commitment to inclusivity and providing meaningful opportunities for all students."

Event Details:

Date: Thursday, April 3, 2025

Time: 10:00 am – 2:00 pm

Location: École Secondaire Notre Dame High School Gymnasium

For more information about the event and how to support Unified Sports, please contact **Alison Snow**, Head Coach/Senior Foundations Teacher - École Secondaire Notre Dame High School.

About ASAA Unified Sports:

ASAA Unified Sports is a transformative program that unites high school students with and without intellectual disabilities through the power of sports. By training and competing together, participants experience firsthand the importance of inclusion, respect, and the joy of athletic participation. The program strives to create a world where everyone is recognized for their abilities and celebrated for their achievements.

For more information, contact:

Alison Snow

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